Abuse Power and Control Wheel

**Power and Control**

- **Using coercion and threats**: Making and/or carrying out threats to do something to hurt her, threatening to leave her, to commit suicide, to report her to authorities, making her drop changes, making her do illegal things.
- **Using economic abuse**: Preventing her from getting or keeping a job, making her ask for money, giving her an allowance, taking her money, not letting her know about or have access to family income.
- **Using male privilege**: Treating her like a servant, making all the big decisions, acting like the “master of the castle,” using this to define men’s and women’s roles.
- **Using intimidation**: Making her afraid by using looks, actions, gestures, smashing things, destroying her property,=['elusive pets', 'displaying weapons'].
- **Using emotional abuse**: Putting her down, making her feel bad about herself, calling her names, making her think she’s crazy, playing mind games, humiliating her, making her feel guilty.
- **Using isolation**: Controlling what she does, who she sees, and talks to, what she reads, where she goes, limiting her outside involvement, using jealousy to justify actions.
- **Using minimizing, denying, and blaming**: Making light of the abuse and not taking her concerns about it seriously, saying the abuse didn’t happen, shifting responsibility for abusive behavior, saying she caused it.

**Physical Violence**

- Using children: Making her feel guilty about the children, using the children to relay messages, using isolation to harass her, threatening to take the children away.

**Sexual Violence**

**Using economic abuse**

- Preventing her from getting or keeping a job, making her ask for money, giving her an allowance, taking her money, not letting her know about or have access to family income.

**Using male privilege**

- Treating her like a servant, making all the big decisions, acting like the “master of the castle,” using this to define men’s and women’s roles.

**Using intimidation**

- Making her afraid by using looks, actions, gestures, smashing things, destroying her property,=['elusive pets', 'displaying weapons'].

**Using emotional abuse**

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**Using isolation**

- Controlling what she does, who she sees, and talks to, what she reads, where she goes, limiting her outside involvement, using jealousy to justify actions.

**Using minimizing, denying, and blaming**

- Making light of the abuse and not taking her concerns about it seriously, saying the abuse didn’t happen, shifting responsibility for abusive behavior, saying she caused it.
Cycle of Abuse

Calm After the Storm

Storm

Tension
What is Abuse?

A pattern of coercive behavior used by one person to control and subordinate another in an intimate relationship. These behaviors include physical, sexual, psychological, and economic abuse. Tactics of coercion, terrorism, degradation, exploitation, and violence are used to engender fear in the victim in order to enforce compliance.¹

¹Domestic Violence in Multnomah County, 2.
Theological Roadblocks

- Marriage, Divorce, Healthy Relationships
- Children and Parenting
- Cross, Forgiveness, Humiliation
- God and Masculinity

Issues for Clergy

- Healthy Marriages
- Repentance = behavior modification
- Masculinity, Men’s Groups
- Empathy and Compassion